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# SHAMAYITA MATH

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Annual Report 2020-2021



**Shamayita Math, Ranbahal, Amarkanan, Bankura - 722133.**

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## 1. From the desk of the Secretary:

It is a great pleasure and gives me immense joy and satisfaction to share the annual progress report of Shamayita Math for the financial year 2020-21. Like in the past, the year had good outcomes, new challenges and lessons learnt. Shamayita Math is guided by the philosophy and blessings of our Revered SRI SRI PRABHUJI. We believe that the ultimate empowerment of people is through self-knowledge and self-consciousness. The arousal of self-consciousness will enable one to realize the greater purpose of life. The organization in its journey has undertaken multifarious initiatives for the development of society with the belief that service or karma is the bridge to enable one to come out of his 'constricted self' or "smaller I "to the expanded Self or "bigger I". The Math is a strongly rooted grassroots organization with its commitment to working for the neediest groups of society.

The bygone year was devastated by the COVID-19 pandemic and the organization put in all efforts to support the most vulnerable groups and communities in this extreme humanitarian crisis. In the last financial year, despite the scourge of the pandemic, we continued our work on livelihoods, education and health in the states of West Bengal, Odisha and Chhattisgarh. We also supported Amphan Cyclone Relief Work at Sundarbans.

Within all our programs and activities, direct community engagement has been our core belief which always leads to greater community ownership and sustainability. Our work in the reporting financial year was carried out with more than fifty thousand households in the three states.

We strongly believe that our work with the community supports the development of the thought process that will lead them to sustainability. I remember our Founder's immortal message: "The new world will be created on the plinth of new thoughts. The new world will emerge out of the inner spirit the self-luminous soul." There is a long way to go to fulfil His vision in the new world but our belief is that with His infinite blessings and profound love through our small steps and coordinated efforts, one day we will succeed.

I am grateful to all the donors, well-wishers, and stakeholders who have extended their cooperation throughout the year for executing all the activities. We appreciate their role in strengthening and supporting our communities during the ongoing pandemic. I hope this report is informative documentation of our work in the past year.

My best wishes and love to all the members, women collectives, and community resource persons, whose tireless efforts have made us successful. My deep regards at the lotus feet of our Sri Sri Prabhuji.



With thanks & warm wishes,

Rishi Riddha Anahata

Secretary, Shamayita Math

## 2. Organization: About Us

Shamayita Math has been created with a mission 'to serve the marginalized with an aim to create a holistic development opportunity to help them a self-empowered life with dignity.' The organization envisions an empowered society with a focus on the welfare of the underprivileged, particularly women and children. Founded in the year 1996, the organization is driven by the philosophy of the ultimate empowerment of people through self-knowledge and self-awareness. It believes in the expansion of thought in a practical way, serving humanity in the luminosity of self-realization, where duty is the name of God.

The organization has deep experience in rural development having worked intensely and closely with the poorest of the poor to help achieve sustainable livelihood and enable communities to access healthcare and education. The Math, through its activities, touches all aspects of the life of the rural poor from easy access to healthcare, access to quality education, agriculture development, animal husbandry, vocational training for income generation, formation and development of village self-help groups, empowerment of rural women through income generation avenues, rural entrepreneurship development and formation and strengthening of village development groups – so that working livelihood models created and set up by the Math are now owned and sustained by the community.

The organization has built a network of linkages with various central, state and private sector organizations - in the rural development ecosystem. It has the experience working with a large number of departments and agencies of state and central governments, private corporates and public sector undertakings in ensuring the delivery of development services and benefits to the rural poor.

### VISION

An empowered society, with a focus on women, where an individual, illumined with awakened consciousness, will be established with dignity, self-power and self-confidence.

### MISSION

To serve humanity with an aim to develop one's own self-own skill and potential, with a holistic approach, through self-discovery and help them to lead a self-sustained life with dignity.

### OUTREACH

Shamayita Math works in three states of India (Chhattisgarh, Odisha and West Bengal) through field-based teams.



### 3. Our work:

Improving the livelihoods of the poor is an important aspect of the organization's work. The social and economic condition of marginalized households, particularly women can be improved by promoting and strengthening different livelihoods. Other pertinent investment areas are healthcare, education and skill building. The Math works on all these fronts for the betterment of rural society.



#### 3.1. Rural Livelihoods:

##### 3.1.1. Institution Building:

Promotion and strengthening of women collectives in the form of Self Help Groups (SHGs) and Village Organizations (VOs) are the basic platforms to carry on the developmental work. These are self-governed and peer-controlled institutions and are effective platforms to empower women. Shamayita Math focuses on women as they form the focal point of the family. This is achieved by providing hand-holding support to these SHGs, their training and capacity building on advocacy till it evolves as a socially and financially sustainable institution. Shamayita Math has worked with 3675 Self Help Groups and 201 VO's in its area of operations reaching out to more than 40,000 households. The work on institution building included:

- Training on Panchasutra, higher savings, and bookkeeping using tools and games
- Training on Micro Credit Planning
- Ensured annual audit for every SHG annually
- 100% Grading of SHG

- Strengthening of VO as a village-level institution to resolve different issues

Other institutions that the organization has supported are Water Groups which were given training on INRM, utilization of INRM structures created, conversion of land from single-cropped to double-cropped, orchard management, improved agriculture practices, vision building, books of accounts, grading, audit and livelihood-based training.

The progress on work with SHGs, VOs and water user groups was hampered due to the pandemic and the subsequent lockdowns.

### 3.1.2. Improved agriculture practices:

Shamayita Math has been focusing on the promotion of sustainable livelihood through improved agriculture practices by:

- Enhancing the productivity of paddy - the main crop of the project area by 1.5 to 2.0 times thus increasing 3-4 months additional food sufficiency
- Increasing additional cash income of the families by Rs. 15000 to 20000 through intensive vegetable cultivation, and productivity enhancement in pulses and oilseeds
- Enhancing nutritional health through the promotion of nutritional gardens in every backyard

Despite the pandemic, our teams were able to reach out and support more than 20,000 families to improve their livelihoods. The majority of the families have adopted the System of Assured Rice Production (SARP) and Sequential Cropping which has significantly improved productivity. The activity wise outreach is as below:

Interventions	Paddy	Oilseed	Vegetables	Kitchen Garden	Mushroom
No of farmers	16499	5370	6046	6440	724

### 3.1.3. Improved Livestock Management:

Shamayita Math has been focusing on enhancing the productivity of goat rearing and backyard poultry. Both activities provide much-needed cash income to poor families in the operational area. The organization has been working on a two-pronged strategy. Firstly, decreasing mortality with proper implementation of vaccination and de-worming. Secondly, better shed and hygiene practices have enabled families to increase their flock. This has ensured higher incomes in the range of Rs 10,000 to Rs 15,000 for more than 20,000 farmers.

Interventions	Goat Rearing	Backyard Poultry
No of farmers	12266	12892

#### 3.1.4. Natural Resources Management (NRM):

Shamayita Math supports the work on different watershed projects in blocks of Jhargram, Salboni and Gangajalghati (Bankura) in West Bengal and Dantewada block in Dantewada in Chhattisgarh. These are situated in agroclimatic zones where agriculture is typically reliant on rain and groundwater. In collaboration with different stakeholders, the organization has been implementing minor irrigation schemes to ensure maximum utilization of surface water and prevent soil erosion to make a deeper impact on rural livelihood. The organization's approach to INRM includes:

- Building capacities of the frontline functionaries, PRIs, community members and CSOs on the ridge to valley principle of watershed implementation
- Leveraging expenditure of MGNREGA on NRM productive assets
- Linking NRM assets with gainful livelihoods of vulnerable groups
- Undertake land and water treatment measures and improve cropping intensity
- Strong and mutual relationships among People, PRI and Public Systems

More than 4,000 hectares of land have been treated due to interventions in de-siltation of irrigation channels, 30- 40 model, hapa, plantation, orchard, social forestry, staggered trench, elephant proof trench, cattle proof trench, new pond, re-excavation of ponds, earth dam, etc.

Area treated (hectare)	Pond	Check Dam	Orchard	Others (RLI, Pumped Dugwell, Land levelling)
4259.5	1192	24	156	1818

#### 3.1.5. Promoting diverse livelihoods:

The Math also promotes different livelihoods like fisheries, orchards and mushrooms. In fisheries, beneficiaries were provided partial support in the form of fish seed (fingerlings) and fish feed. For the demonstration of improved aquaculture management practices, a few ponds are selected], where full support in the form of fingerling and fish feed is provided. For ensuring the availability of fish seeds (fingerlings), some ponds are used as nursery ponds for the cultivation of fingerlings from spawn.

Orchards have been promoted along with the inter-cropping of vegetables to improve the cash flow in families. On the principles of watershed management, small water bodies, known as the 30x40 model have been developed for in situ soil and water conservation in the orchards.

To diversify livelihoods and ensure income during the post-Kharif lean period, mushrooms have been promoted with women's collectives. More than seven tons of mushroom has been produced by different promoted women's groups.

7,500 families benefitted from this work on diverse livelihoods.

### 3.2. Skill Building:

UBSMRUDSETI, established in 2008, is the only RSETI (Rural Self Employment Training Institutes) in the district of Bankura and is an initiative of the Ministry of Rural Development (MoRD). While Shamayita Math has provided the infrastructure in the campus of Shamayita Math, the training and

skill upgradation of rural youth geared towards entrepreneurship development is a joint initiative of United Bank of India, NABARD and Shamayita Math. The objectives of this initiative are:

- To identify, orient, motivate, train and assist rural youths in self-employment
- Provide short-term skill training for the promotion of rural entrepreneurship
- To facilitate credit linkage with banks for ensuring the sustainability of micro-enterprises set



More than 11,000 youths have been trained here since its inception. Skill development training programme are aligned with National Skill Qualification Framework.

### 3.3. Healthcare:

Shamayita Math has identified Healthcare as one of the major areas of intervention as a part of its social welfare activities. Through Matribedi Shamayita Jeebansurya Hospital and its outreach services, it has touched more than 180000 people residing in the rural areas of Bankura.



The promotion of health through mobile medical dispensaries has been one of the prominent community interventions in most of the project locations. The medical team comprising one doctor,



and two paramedical persons reach the hamlet/village on the scheduled date and time and the beneficiaries (patients) receive the doctor's advice along with free medicine.

Shamayita Math has also been running the Birth Waiting Home at Palnar Sub Health Centre in the Dantewada district, since 2017. The objective thus is to ensure safe motherhood and a healthy newborn. Expectant mothers are sensitized, motivated by trained counsellors from their home and brought to stay for a week or early from the expected date of delivery. The safe home was successfully run by Shamayita Math for three years and after September 2019, the project was handed over to the government.

Shamayita Math has been successfully implementing WASH among the remotely located tribal villages of Kuakonda block of the Dantewada district.

### 3.4. Education:

To address the issue of poor foundational academic ability in rural areas, 11 supplementary learning centers, Marang Buru, are run by Shamayita Math in the remote villages of Bankura in West Bengal for three hours a day with approximately 10 students in each school. The schools which started in 2010, have played a pivotal role in bringing about a noticeable change in the lives of the children and their families as well. It is a primary level remedial learning centre.



The centers are run by a group of teachers who are otherwise community-level volunteers and perform to their full potential. Students enjoy coming to school where innovative models are used for teaching. Apart from academics, students are made to participate in group activities, storytelling, picture reading, writing poems, and painting, for their holistic development.

The Covid pandemic resulted in the stalling of classes of these schools. This had a severe impact in the entire education ecosystem of the villages.

In the end of May, parents reached out to teachers of Marang Buru and urged them to restart classes. This was followed by several deliberations among the community and the Shamayita Math. The solution came in the form of Mini Schools in the village with learning centres accommodating not more than 10 students so that proper COVID protocols could be maintained. The classes for these learning centres were held in shade of tree in the open, meeting shed in the village, village clubs and half constructed room in some of the students' house. This enabled students to continue their classes.



The other initiative in education, Shamayita Convent School, is a CBSE affiliated school residential school, located in the heart of the rural community, run by Shamayita Math. It is first of its kind in the district of Bankura. The objective of the school is to develop the inner potentials of every student, develop the sense of self dependency and groom them to be responsible citizens of the country. For the past few years, the ex-students of the school have been successfully pursuing various professions with integrity and dignity. About 10 % of the students from the underprivileged community are provided education free of cost. After country-wide lockdown, the school continued in online mode but more than 10% of the students could not access online learning opportunities. Like other schools, the pandemic posed several challenges which included an expected rise in dropouts, learning losses, and an increase in the digital divide. Having the background of providing quality education, the school could give admission to the children of migrant families who returned to their native land in Bankura with their families.

### 3.5. Care and protection of children:

Shamayita Math is also implementing CHILDLINE -1098 service in Bankura, West Bengal as a collaborative organization and as a Sub Centre in Kirandul, Dantewada district in Chhattisgarh state. The major objective of CHILDLINE is to reach out to every child in need of care and protection by responding to emergencies on 1098. Some achievements in the financial year were:

- Handled 468 cases in West Bengal
- CHILDLINE Bankura conducted awareness on child protection and covid protection among 8847 children and 27,002 adults
- Participation in Bishnupur Paryatan Mela and Annual Tribal Festival in Susunia

- CHILDLINE-Se-Dosti Campaign was observed like previous years in the month of November



### 3.6. Annual tribal meet:

Kherwal Tukou- The Annual Tribal Festival, was celebrated on 1<sup>st</sup> January 2021, in Shiulibona, the small tribal village at the foothills of Susunia Hills near Chhatna in Bankura. This was the 24<sup>th</sup> year of the celebration. People who were locked indoors for nearly a year due to Covid 19 lockdown got the opportunity to come out and celebrate. Most participants were already vaccinated and other necessary social precautions were taken care of. There were performances of Saharai and Pata dance from the north and south Bankura, folk songs by Rebati Bhattacharya, folk poem recitation by Chaitali Daripa and comedy show by Utpal Ghosh, Chow dance from Purulia.



### 3.7. Promotion of sports and games:

Shamayita Sports Academy (SSA) provides a platform for the identification and development of new and young sports talents from underprivileged families. With an abundance of raw talent available in rural India, SSA takes the initiative of identifying the talent pool and nurturing and honing their skills.

SSA focuses on professional sports education, especially football, among rural children and youths of age 5 to 18 years, with a dream of shaping them into professional football players. SSA is unbiased towards gender, caste or race and unites people while simultaneously improving their physical and mental health. There are 160 children and youths- grouped into three groups 6 years to 12 years, 12 years to 16 years and 16 years to 18 years, under the able guidance of experienced licensed football coaches.

Like previous years the sports meet was held on 23<sup>rd</sup> January, 2021. Participants were more than 350- both boys and girls, coming from surrounding 20 villages within a radius of 15 km. Nine months of lockdown and absence from formal schools made the students even more enthusiastic about their participation in sports.



### 3.8. Relief work:

The team also supported the community by providing relief support during the Amphan Cyclone. Paddy seeds and seeds of kitchen garden was distributed to 1000 households in Namkhana, Sundarbans as part of this work.



### 3.9. Bastradaan Utsav- Joy of giving:

Bastradaan Utsav was organized on 21<sup>st</sup> and 22<sup>nd</sup> October, 2020. New dress, especially sarees were distributed to 1200 disadvantaged women from 45 villages of Gangajalgati block of Bankura. Majority of them were widows, single and old women. About 200 students from the Adivasi community of of Shamayita Marang Buru learning centers received new dresses on the occasion of Durga Puja.

In addition to this, the volunteers and staff of Shamayita Math collected good quality used dresses and this was distributed in 5 villages.



### 4. Supporting the community during COVID

As the pandemic hit the country, rural areas were also severely impacted. Shamayita Math was involved in extensive relief work across all its operational areas and ensured communities were supported in these pressing times. It was engaged in COVID-19 relief efforts by creating of COVID-19 appropriate behavior, enhancing the capacity of frontline workers, skill development and providing financial assistance for the livelihood of rural communities. The organization has created awareness about COVID-appropriate behavior reaching out to 50,000 individuals.

A team of professionals from the Math also sensitized and provided online training to the community cadre on the prevailing issues, Covid norms especially who in turn, tried to address the SHG group members and their fellow villagers. Women in these SHGs were creating awareness in the local communities by means such as telephone calls, wall writings and pamphlets.

1500 households who are the most impoverished and susceptible to the impacts of lockdown were supported with ration. Distribution of Masks and sanitizers along with that Covid awareness drives covered 7000 households across project locations.



During the COVID pandemic period and the subsequent lockdowns, farmers lost their income as they could not sell the produce at a remunerative price in the market. Shamayita Math worked on building the capacity of farmers in vegetable and food crop cultivation using improved technologies and natural farming methods. Shifting to natural farming helped reduce the input cost and vegetable cultivation is providing them with regular income.

## 5. Shamayita Math finances:

SHAMATIYA MATH KOLKATA					
BALANCE SHEET AS ON 31st MARCH, 2021					
FUNDS AND LIABILITIES	SCHEDULES	AS ON 31ST MARCH, 2021		AS ON 31ST MARCH, 2020	
		Rs.	P.	Rs.	P.
<b>A) FUNDS</b>					
General Fund	A	47078145.31		36229994.69	
Corpus Fund	B	123919513.80		121757513.80	
<b>B) LIABILITIES</b>					
Unsecured Loan	C	2647404.32		2509749.50	
Current liabilities	D	6128220.27		11237351.48	
<b>TOTAL</b>		<b>179773283.70</b>		<b>171734609.47</b>	
<b>APPLICATION AND ASSETS</b>					
<b>A) FIXED ASSETS</b>	E	53503409.50		53675225.50	
<b>B) INVESTMENTS IN</b>	F	81148553.25		63808506.57	
<b>C) CURRENT ASSETS</b>					
Sundry Debtors	G	9306644.67		7864229.00	
Cash & Bank Balances	H	28434411.42		35728125.10	
<b>D) LOANS &amp; ADVANCES</b>	I	7380264.86		10658523.30	
<b>TOTAL</b>		<b>179773283.70</b>		<b>171734609.47</b>	
Significant Accounting Policies & notes on Accounts	1				

Schedule Referred as above from an integral part of the Balance Sheet

This is the Balance Sheet referred to in Report of even date

For **AJIT KUMAR & CO.**  
Chartered Accountants  
FRN 317110E



(A.K. TULSIAN)  
Partner, M. No. 053254  
12A, N.S. ROAD  
5TH FLOOR, ROOM NO. 11  
KOLKATA - 700001

Dated: The 1st Day of December' 2021  
UDIN: 21053254AAAAJD6642

SHAMATIYA MATH KOLKATA					
INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2021					
I) INCOME	SCHEDULES	FOR THE YEAR ENDED 31.03.2021		FOR THE YEAR ENDED 31.03.2020	
		RS.	P.	RS.	P.
Grant Received	J	28726400.86		43772379.64	
Interest Income	K	2857959.95		3118415.77	
Other Income	L	19597778.54		24072334.26	
		<b>51182139.35</b>		<b>70963129.67</b>	
<b>II) EXPENDITURE</b>					
Grant Expenses	M	31718063.97		40423935.86	
Other Charitable Expenses	N	2925775.06		6856042.10	
Employees Emoluments	O	4746645.00		6114519.00	
Financial Charges	P	85669.74		101279.13	
Administrative Expenses	Q	3465284.73		4850086.30	
Depreciation on Fixed Assets	E	1946036.00		2095388.00	
		<b>44887474.50</b>		<b>60441250.39</b>	
<b>III) EXCESS OF INCOME OVER EXPENDITURE</b>		<b>6294664.85</b>		<b>10521879.28</b>	
Significant Accounting Policies & notes on Accounts	1				

Schedule Referred as above from an integral part of the Profit & Loss account

This is the Balance Sheet referred to in Report of even date

For **AJIT KUMAR & CO.**  
Chartered Accountants  
FRN 317110E



(A.K. TULSIAN)  
Partner, M. No. 053254  
12A, N.S. ROAD  
5TH FLOOR, ROOM NO. 11  
KOLKATA - 700001

Dated: The 1st Day of December' 2021  
UDIN: 21053254AAAAJD6642

## 6. Contact:

- Shamayita Math Head Office: Ranbahal, Amarkanan, Bankura - 722133. Phone: (03241) 265201/02, +91 7001089004
- Coordination office: Durgapur (West Bengal) DII/9, 4/34, Sarojini Naidu Path, City Centre, Durgapur -16
- Jhargram (West Bengal) Shamayita Srotoswini, Kadamkanan, Jhargram, Dist. - West Midnapore
- Maa Manasa Apartment, 575 S. K. Deb Road, Flat 1C, 1st Floor, Kolkata – 700048
- Quarter Number Type - IV/SP5, KV Teachers Colony, NMDC Township, Danteweda, Chhattisgarh - 494556.

